

## Allergy Advice

In compliance with food labelling regulation - EC1169/201 1. Customers are advised to let our staff know if any food may cause allergic reaction prior to order.

If you would like to know the list of ingredients used in a particular dish from our menu, our manager will be happy to assist you.



For more information, visit: [food.gov.uk/allergy](http://food.gov.uk/allergy) or [nhs.uk/conditions/allergies](http://nhs.uk/conditions/allergies)



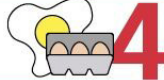




# 14 Allergens

Coming to a food label near you



The way allergens are labelled on prepacked foods is changing because of new regulations. The Food Information Regulation, which comes into force in December 2014, introduces a requirement that food businesses must provide information about the allergenic ingredients used in any food they sell or provide.

There are 14 major allergens which need to be mentioned (either on a label or through provided information such as menus) when they are used as ingredients in a food. Here are the allergens, and some examples of where they can be found:

- 1 Celery**  
This includes celery stalks, leaves, seeds and the root called celeriac. You can find celery in celery salt, salads, some meat products, soups and stock cubes.
- 2 Cereals containing gluten**  
Wheat (such as spelt and Khorasan wheat/Kamut), rye, barley and oats is often found in foods containing flour, such as some types of baking powder, batter, breadcrumbs, bread, cakes, couscous, meat products, pasta, pastry, sauces, soups and fried foods which are dusted with flour.
- 3 Crustaceans**  
Crabs, lobster, prawns and scampi are crustaceans. Shrimp paste, often used in Thai and south-east Asian curries or salads, is an ingredient to look out for.
- 4 Eggs**  
Eggs are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.
- 5 Fish**  
You will find this in some fish sauces, pizzas, relishes, salad dressings, stock cubes and Worcestershire sauce.
- 6 Lupin**  
Yes, lupin is a flower, but it's also found in flour! Lupin flour and seeds can be used in some types of bread, pastries and even in pasta.
- 7 Milk**  
Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and in powdered soups and sauces.
- 8 Molluscs**  
These include mussels, land snails, squid and whelks, but can also be commonly found in oyster sauce or as an ingredient in fish stews.
- 9 Mustard**  
Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in breads, curries, marinades, meat products, salad dressings, sauces and soups.
- 10 Nuts**  
Not to be mistaken with peanuts (which are actually a legume and grow underground), this ingredient refers to nuts which grow on trees, like cashew nuts, almonds and hazelnuts. You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries), stir-fried dishes, ice cream, marzipan (almond paste), nut oils and sauces.
- 11 Peanuts**  
Peanuts are actually a legume and grow underground, which is why it's sometimes called a groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce), as well as in groundnut oil and peanut flour.
- 12 Sesame seeds**  
These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, houmous, sesame oil and tahini. They are sometimes toasted and used in salads.
- 13 Soya**  
Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice cream, meat products, sauces and vegetarian products.
- 14 Sulphur dioxide (sometimes known as sulphites)**  
This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat products, soft drinks, vegetables as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.

**Discretionary 10% Service Charge will be added to your bill**

## SET MEAL

### Set Meal A ( for one Person )

£ 13.80 Per Person

Hot and Sour Soup  
Chicken Green Pepper in Black Bean Sauce

Egg Fried Rice

### Set Meal B (Minimum for Two Persons)

£ 23.80 Per Person

Mix Starters

(Vegetable Spring Rolls, Sesame Prawn on Toast, Crispy Seaweed,

Dry Spare Ribs, Satay Chicken on Skewers)

Aromatic Crispy Ducks with Pancakes

Sweet and Sour Chicken

Beef Curry

Mixed Vegetables

Egg Fried Rice

### Set Meal C ( Minimum for Two Persons )

£ 35.80 Per Person

Seafood Mixed Starters

( Satay Prawn on Skewers, Crispy Seaweed, Sesame Prawn on  
Toast, Butterfly King Prawns, Salt and Pepper Squid)

Lobster Ginger and Spring Onions

Mussels with Black Bean Sauce

Fried King Prawn with Broccoli

Fried Mixed Vegetables

Egg Fried Rice

## MIXED STARTERS

### Jinli Mixed Starters ( for two persons )

£ 15.00

Vegetarian Spring Rolls,

Satay Chicken On Skewers, Crispy Seaweed,

Spare Ribs and Sesame Prawn on Toast

### Seafood Mixed Starters ( for Two Persons )

£ 16.00

Satay Prawn on Skewers,

Crispy Seaweed, Sesame Prawn on Toast,

Butterfly King Prawns and Salt & Pepper Squid

### Salt & Pepper Mixed Starters ( for Two Person )

£ 15.00

Salt & Pepper Prawns, Spare Ribs,

Chicken, Squid & Chips

## STARTERS

Crispy Seaweed	£ 4.00
Vegetarian Mini Spring Rolls (8)	£ 5.00
Sesame Prawn on Toast (4)	£ 5.70
Butterfly king Prawn (6)	£ 7.80
Spicy Smoked Shredded Chicken	£ 8.80
Satay Chicken on Skewers (4)	£ 5.80
Satay Prawn on Skewers (4)	£ 7.80
Salt & Pepper Squid	£ 8.90
Salt & Pepper Chicken	£ 7.20
Salt & Pepper King Prawn	£ 8.90
Salt & Pepper Tofu	£ 7.20
Salt & Pepper Chips	£ 4.60
Salt & Pepper Fish	£ 8.90
Salt & Pepper Spare Ribs	£ 8.90
Peking Spare Ribs	£ 8.90
Dry Spare Ribs	£ 8.90
Honey Spare Ribs	£ 8.90
Crispy Aromatic Duck (Quarter)	£ 9.00
(Half)	£ 17.00
(Whole)	£ 31.00
Season Fresh Salad with Cheese and Salad Cream	£ 7.90

## 汤类 Soup

Winter Melon & Spare Ribs Soup	£ 8.80
Chinese Cabbage with Tofu Soup	£ 3.90
Tomato with Egg Soup	£ 3.90
Hot & Sour Soup	£ 3.90
Chicken and Sweetcorn Soup	£ 3.90
Crab Meat and Sweetcorn Soup	£ 3.90
Chicken and Mushroom Soup	£ 3.90
Mixed Vegetable Soup	£ 3.90
Won Ton Soup	£ 4.90
Mixed Seafood Soup	£ 5.90
Whole Seabass With Tofu Soup	£ 26.80

## CURRY DISHES

Chicken Curry	£ 8.90
Beef Curry	£ 8.90
Lamb Curry	£ 9.90
King Prawn Curry	£ 9.90
Special Curry	£ 10.90
Roast Duck Curry	£ 9.90

## CHICKEN DISHES

Chicken with Cashewnuts	£ 8.90
Chicken in Black Bean Sauce	£ 8.90
Kung Po Chicken with Peanuts	£ 8.90
Lemon Chicken	£ 8.90
Sweet & Sour Chicken Hong Kong Style	£ 8.90
Chicken with Ginger & Spring Onions	£ 8.90
Chicken in Yellow Bean Sauce	£ 8.90
Sichuan Spicy Chicken	£ 8.90
Satay Chicken	£ 8.90
Chicken with Mixed Vegetables	£ 8.90

## DUCK DISHES

Roast Duck in Black Bean Sauce	£ 9.80
Roast Duck Ginger and Spring Onion	£ 9.80
Roast Duck with Plum Sauce	£ 9.80
Roast Duck Chinese Style	£ 9.80

## BEEF DISHES

Crispy Shredded Chilli Beef	£ 8.90
Beef in Black Bean Sauce	£ 8.90
Beef in Oyster Sauce	£ 8.90
Beef with Ginger & Spring onions	£ 8.90
Beef with Cashenuts	£ 8.90
Sichuan Spicy Beef	£ 8.90
Beef with Broccoli	£ 8.90
Beef with Mushroom	£ 8.90
Beef with Mixed Vegetables	£ 8.90

## LAMB

Lamb in Black Bean Sauce with Ginger and Spring Onion	£ 9.80
Satay Lamb	£ 9.80
Lamb in Black Bean Sauce	£ 9.80

## PORK

Roast pork with Ginger and Spring Onion	£ 8.90
Sichuan Spicy Roast Pork	£ 8.90
Roast Pork in Cantonese Style	£ 8.90
Roast Prok in Honey Sauce	£ 8.90

## SEAFOOD

Steamed Seabass	£ 26.80
Crab with Ginger and Spring Onion	£ 23.80
Lobster with Ginger and Spring Onion	£ 37.80
Squid with Ginger and Spring Onion	£ 9.80
Lobster in Black Bean Sauce	£ 37.80
Crab in Black Bean Sauce	£ 23.80
Mussels in Black Bean Sauce	£ 9.80
Squid in Black Bean Sauce	£ 9.80
King Prawn in Black Bean Sauce	£ 9.80
King Prawn with Ginger and Spring Onion	£ 9.80
Sweet and Sour Fish	£ 9.80
Sweet and Sour King Prawn	£ 9.80
Kung Po King Prawn with Peanut	£ 9.80
Sichuan Spicy King Prawn	£ 9.80
King Prawn with Cashewnuts	£ 9.80
King Prawn with Satay Sauce	£ 9.80
King Prawn with Broccoli	£ 9.80

## SIZZLING PLATE

Chicken with Ginger & Spring onions on Sizzling Plate	£ 9.80
Chicken in Black Bean Sauce on Sizzling Plate	£ 9.80
Beef with Ginger & Spring Onions on Sizzling Plate	£ 9.80
Beef in Black Bean Sauce on Sizzling Plate	£ 9.80
Lamb with Ginger & Spring Onions on Sizzling Plate	£ 10.80
Lamb in Black Bean Sauce on Sizzling Plate	£ 10.80
Mixed Seafood with Ginger & Spring Onions on Sizzling Plate	£ 10.80
Mixed Seafood in Black Bean Sauce on Sizzling Plate	£ 10.80
Beef in Black Pepper Sauce on Sizzling Plate	£ 10.80

## VEGETABLES

Morning Glory with Garlic Sauce	£ 9.80
Choy Sum with Garlic Sauce	£ 9.80
Broccoli with Garlic Sauce	£ 9.80
Deep Fried Green Pepper	£ 9.80
Fried Aubergine, Potatoes and Green Pepper	£ 9.80
Stir Fried Shredded Potato with Vinegar & Chilli	£ 8.80
Stir Fried Mixed Vegetables	£ 8.80
Stir Fried Winter Melon	£ 9.80
Stir Fried Broccoli with Oyster Sauce	£ 9.80
Mixed Vegetables with Sichuan Chilli Sauce	£ 9.80
Mixed Vegetables in Black Bean Sauce	£ 9.80
Stir Fried Mushrooms	£ 7.80
Stir Fried Beansprouts	£ 7.80
Stir Fried Lotos	£ 9.80
Stir Fried Baby Cabbage	£ 8.80
Stir Fried Green Pepper and Potatoes	£ 8.80

## RICE

Plain Boiled Rice	£ 2.50
Egg Fried Rice	£ 3.50
Large Egg Fried Rice	£ 4.50
Special Fried Rice	£ 4.50
Mixed Seafood Fried Rice	£ 9.80
Mixed Vegetable Fried Rice	£ 7.80
Beef Fried Rice	£ 8.80
King Prawn Fried Rice	£ 9.80
Chicken Fried Rice	£ 8.80
Roast Pork Fried Rice	£ 8.80
Roast Duck Fried Rice	£ 9.80
Mushroom Fried Rice	£ 7.80
Singapore Fried Rice	£ 9.80

# NOODLES

Dry Beef Ho Fun	£ 8.80
Special Chow Mein	£ 9.80
Mixed Seafood Chow Mein	£ 9.80
Mixed Vegetable Chow Mein	£ 7.80
Beef Chow Mein	£ 8.80
Chicken Chow Mein	£ 8.80
Roast pork Chow Mein	£ 8.80
King Prawn Chow Mein	£ 9.80
Beasprouts Chow Mein	£ 7.80
Mushroom Chow Mein	£ 7.80
Singapore Vermicelli Rice Noodles	£ 9.80

# SIDE ORDER

Chips	£ 2.00
Sweet and Sour Sauce	£ 2.00
Curry Sauce	£ 2.00
Peking Sauce	£ 2.00
Prawn Cracker	£ 2.00

# NOODLE SOUP



香辣牛腩汤面 £ 9.80  
Hot Spicy Beef Brisket Noodle Soup



肉丝紫菜汤面 £ 9.80  
Noodle Soup with Shredded Pork and Seaweed



豉椒牛河 £ 9.80  
Beef in Black Bean Sauce with Ho Fun



炸酱面 £ 9.80  
Noodles with Fried Bean and Meat Sauce



茄子鸡肉打卤面 £ 9.80  
Aubergines and Egg Noodle



西红柿鸡蛋打卤面 £ 9.80  
Tomato and Egg Noodle

# NOODLE SOUP



招牌肉丝焖面 £ 9.80  
Signature Pork Braised Noodles



招牌海鲜焖面 £ 10.80  
Signature Seafood Braised Noodles



招牌什菜焖面 £ 8.80  
Signature Vegetalbe Braised Noodles



雪菜鸭丝汤面 £ 9.80  
Roast Duck with Pickled Cabbage Noodles Soup



担担面 £ 9.80  
Sichuan Spicy Noodles



韭菜猪肉水饺 (10只) £ 6.80  
Chives & Pork Dumplings



红油抄手 (10只) £ 6.80  
Wonton in Hot Chilli Oil (10 Pieces)



白菜猪肉水饺 (10只) £ 9.80  
Pork dumplings (10 Pieces) (10 Pieces)

小馒头 (12个) £ 6.60  
Chinese Steamed Bread (12)

# 锦里招牌菜 House Specialty



锦里烤鱼 £ 36.00  
Jinli Grilled Fish in Chilli Oil



富贵毛血旺 £ 18.60  
Duck Blood in Chilli Sauce



锦里水煮鱼 £ 18.80  
Boiled Fish Sichuan Style



成都酸菜鱼 £ 18.80  
Chengdu Pickle Fish



重庆辣子鸡 £ 13.80  
Sauteed Diced Chicken with Chilli and Pepper Sichuan Style



水煮牛肉 £ 14.80  
Poached Sliced Beef in Hot Chilli Oil



香辣猪手 £ 12.80  
Spicy Pork Trotters



# 川式冒菜 / 麻辣香锅

## Mixed Vegetables in Szechuan Spicy Sauce

四样起 Minimum of 4 Choices

腐竹 Dried Fofu Skin	£ 5.00	藕片 Lotus Root Slice	£ 5.00
嫩牛肉 Tender Beef	£ 7.00	土豆片 Potato Slice	£ 5.00
雪花肥牛 Snowflake Beef Slice	£ 7.00	冬瓜 White Gourd	£ 5.00
雪花羊肉 Snowflake Lamb Slice	£ 7.00	大白菜 Chinese Leaves	£ 5.00
鲜五花肉 Fresh Pork Belly Slice	£ 7.00	茼蒿 Crown Daisy	£ 5.00
午餐肉 Ham	£ 7.00	菠菜 Spinach	£ 5.00
鲜鱼片 Fresh Fish Slice	£ 7.00	菜心 Choy Sum	£ 5.00
大虾 King Prawns	£ 14.00	竹笋 Bamboo Shoot	£ 5.00
螃蟹 Crab	£ 14.00	黄瓜 Cucumber	£ 5.00
鱼丸 Fish Ball	£ 7.00	番茄 Tomato	£ 5.00
竹轮 Chikuwa	£ 7.00	木耳 Black Fungus	£ 5.00
蟹肉棒 Crab Stick	£ 5.00	金针菇 Needle Mushroom	£ 7.00
血豆腐 Blood Tofu	£ 5.00	平菇 Oyster Mushroom	£ 5.00
肥肠 Pork Intestine	£ 7.00	年糕 Rice Cake	£ 5.00
牛百叶 Beef Tripe	£ 7.00	魔芋丝 Konjac Wire	£ 7.00
油豆腐 Fried Tofu	£ 5.00	红薯粉 Sweet Potato Vermicelli	£ 5.00
豆腐 Fresh Tofu	£ 5.00	海带片 Sliced Kelp	£ 5.00
豆腐皮 Yuba	£ 7.00		

## 精品凉菜 COLD APPETISERS



口水鸡 £ 8.80  
Steam Chicken with Chilli Sauce



夫妻肺片 £ 8.80  
Pork Lungs in Chilli Sauce



五香牛肉 £ 8.80  
Five Spiced Beef



老妈拌牛肉 £ 8.80  
Mixed Beef with Chilli Sauce



蒜泥白肉 £ 8.80  
Pork Slices with Mashed Garlic



红油猪耳 £ 8.80  
Sliced Pig's Ear in Chilli Sauce

山椒螺片 £ 8.80  
Sliced Whelk Meat with Mountain Pepper

麻辣爽肚 £ 8.80  
Simmered Tripe in Chilli Sauce

## 精品凉菜 COLD APPETISERS



炆拌什锦 £ 8.80  
Hot Chilli Mixed Vegetables



炆拌土豆丝 £ 7.80  
Marinated Shredded Potato



炆拌干豆腐 £ 7.80  
Mixed Shredded Dried Tofo



双椒木耳 £ 7.80  
Black Fungus with Hot Chilli



瓜丝海蜇 £ 8.80  
Shredded Jellyfish and Cucumber



拍黄瓜 £ 6.20  
Smacked Cucumber in Garlic Sauce

## 家常菜 TRADITIONAL DISH



宫保鸡丁 £ 10.80  
Kung Pao Chicken



四川回锅肉 £ 10.80  
Double Cooked Sliced Pork with Pepper and Chilli



鱼香肉丝 £ 9.80  
Shredded Pork with Garlic and Chilli



京酱肉丝 £ 10.80  
Stir Fried Shredded Pork in Sweet Bean Sauce



糯米排骨 £ 15.80  
Glutinous Rice Ribs



干煸肥肠 £ 12.80  
Quick-fried Pig's Intestine with Chilli



香辣牛蛙 £ 16.80  
Hot Spicy Bullfrog

红烧狮子头 (2) £ 10.80  
Braised Pork Ball in Brown Sauce

上汤海鲜粉丝 £ 13.80  
Broth Seafood with Vermicelli

锅包肉 £ 10.80  
Sweet Fried Pork

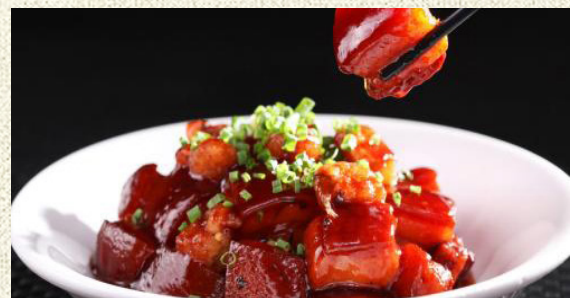
# 家常菜 TRADITIONAL DISH



孜然羊肉 £ 11.80  
Stir Fried Lamb with Cumin Seed



孜然牛肉 £ 11.80  
Stir Fried Beef with Cumin Seed



红烧肉 £ 10.80  
Braised Pork in Brown Sauce



红烧凤爪 £ 9.80  
Chicken Feet in Brown Sauce



豉椒凤爪 £ 9.80  
Chicken Feet in Black Bean Sauce



梅菜扣肉 £ 10.80  
Braised Pork with Preserved Vegetables  
in Soy Sauce

红烧猪手 £ 12.80  
Stewed Pork trotters in Brown Sauce

西红柿炒鸡蛋 £ 10.80  
Scrambled Egg with tomato

韭菜鸡蛋炒虾仁 £ 10.80  
Scrambled Egg with Prawn and Chive

木须肉 £ 10.80  
Sauteed Sliced Pork Eggs and Black  
Fungus

# 家常菜 TRADITIONAL DISH



农家小炒肉 £ 10.80  
Shredded Pork with Vegetables



大盆花菜 £ 11.80  
Dry Fried Cauliflower with Chilli



蚂蚁上树 £ 9.80  
Stir Fried Vermicelli with Spicy  
Minced Pork



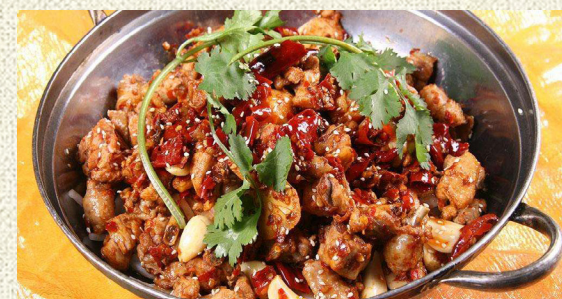
干锅虾 £ 16.80  
Griddle Cooked King Prawns with Chilli



干锅鱼片 £ 18.80  
Griddle Cooked Sliced Fish



干锅藕片 £ 10.80  
Griddle Cooked Sliced Lotus with Chilli



干锅鸡 £ 11.80  
Griddle Cooked Chicken with Chilli

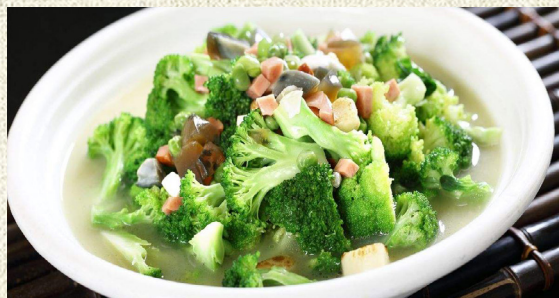


干锅土豆片 £ 10.80  
Griddle Cooked Sliced Potatoes

# 家常菜 TRADITIONAL DISH



上汤娃娃菜 £ 10.80  
Broth Baby Cabbage



上汤西兰花 £ 10.80  
Broth Broccoli



上汤菠菜 £ 10.80  
Broth Spinach



麻婆豆腐 £ 9.80  
Mapo Tofu



家常豆腐 £ 9.80  
Home Style Tofu with Chilli



红烧豆腐 £ 9.80  
Braised Tofu



鱼香茄子 £ 10.80  
Shredder Aubergine with Sweet Sour  
Garlic Chilli Sauce

干煸四季豆 £ 9.80  
Dry Fried Green Beans

手撕包菜 £ 9.80  
Stir Fried Chinese Cabbage